

## Purpose

How can we become authors of SURE – sustainable and resilient – futures?

Sustainability and Resilience. These two concepts are key to our future, but they can also be quite daunting. How can we develop the courage and integrity to put them into practice? This Value.Lab explores the relations between resilience and sustainability – the areas where they reinforce each other as well as the points where they do not. Looking into our individual accountabilities and the role values can play in shifting our mindsets, we'll close the session with the lead question: How can we become authors of SURE – sustainable and resilient – futures? We'll be using Appreciative Inquiry and Collective Wisdom as methods to explore this topic together. (What is Appreciative Inquiry? Look here: <https://positivepsychology.com/appreciative-inquiry/>).

## Agenda

- Welcome & Opening
- Quick review on purpose, agenda and way of working
- Check-in: Why is being here today important for you?

**Discover:** Sharing success stories of enabling Sustainability and/or practicing Resilience

- Participants share personal stories in pairs.
- Sharing stories and learnings from the paired interviews. Group reflection on the common themes, strengths, and patterns that emerge in building resilience and enabling sustainability.

**Dream:** If I had a magic wand...

- Facilitated small group discussion to imagine ways to cultivate Sustainability and Resilience
- Participants share their thoughts on their values as drivers for their courage and integrity.

**Design:** Co-creating strategies and value-based processes that enable SURE futures?

- Depending on the kind of dream you have ... what do you like about the dream ... what is the first step towards something ...
- What might be an idea, a step or an action that could be evolved from the values and qualities that are important for your imagined future? What would be different in service of a more sustainable/resilient “you”?
- What do you like about that dream and start piloting that dream? What would be the first step of that dream? Small steps...

**Deliver, Closing and Commitment:** Summary and wrap-up.

- Hosts and participants share their key takeaways and personal commitments to implementing their action plans.